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Important Dates:

Notes from the Nurse Preparing for the Upcoming Cold and Flu Season

“It’s the Most Wonderful Time of the Year ò ò +

and your student will be returning home for a nice long break. This is something you most probably have been waiting for since you dropped your child off at the dorm in August....right? Not so fast! Things get a little bit dicey when your college-age student returns to the nest. What to expect and how to prepare for their arrival?

Your child has spent four months adjusting to life on his/her own. They have been given responsibilities and freedoms like never before. Many of them have successfully navigated through this process with flying colors and will continue to build on their new found life skills. So what’s the problem you say?

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